



KidWorks COVID-19 Policy

Dear KidWorks Caregivers,

Thank you for your ongoing commitment to the safety and health of KidWorks staff and families. Here is our current policy regarding COVID-19 exposures and quarantine guidelines as of September 2022. These policies pertain to KidWorks children and to caregivers who participate in treatment sessions. They are intended for both vaccinated and unvaccinated individuals. Please contact your therapist or the office if you have questions about your specific situation.

Calculating Quarantine- The date of your last exposure is considered Day 0. Day 1 is the first full day *after* your last exposure (CDC March, 2022). If you do not know exactly when you were exposed, your Day 0 is the earliest point at which you either showed symptoms or had a positive test. Whenever possible, it is best for the COVID-19 positive individual to isolate from others in the household.

Close Contact- Close contact is someone who was less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period. (CDC, March 2022)

KidWorks Fever Policy- Children and their caregivers who participate in treatment must be fever free for at least 24 hours without medication before they can return to the clinic.

COVID-19 Testing- KidWorks does not require testing. However, PCR testing is always appreciated. Some Curative testing sites offer rapid PCR tests (RT-PCR) for ages 5+ with results in 2 hours. There is a location 1 mile from KidWorks.

Masks- Masks are optional for staff, clients, and caregivers both indoors and outdoors. Please discuss your preferences with your therapist. Therapists and caregivers may request for masks to be worn as needed.

Therapy session modifications- Temporary, precautionary measures are at your therapist's discretion at all times. Your therapist may recommend mask wearing, telehealth, outdoor sessions, cancellation, or other modifications in order to minimize Covid-19 exposure risk to the therapist and other KidWorks children.

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If your child tests positive for COVID-19 or exhibits COVID-19 symptoms:

- Quarantine for 5 days from your last exposure or from onset of symptoms (when the source of exposure is unknown). Testing is strongly recommended.
- Your child can return to the clinic after completing the 5-day quarantine, as long as symptoms have significantly improved and your child has been fever free for at least 24 hours without medication.

If anyone in the household tests positive for COVID-19 or exhibits COVID-19 symptoms:

- Attend therapy with a mask on for 10 days from your last exposure. Testing is strongly recommended on day 5.
- If your child is unable to wear a mask, quarantine for 5 days from their last exposure. Testing is strongly recommended on day 5. Your child can return to the clinic after completing the 5-day quarantine, as long as they have been symptom-free.
- If your child develops symptoms during quarantine or during the 10-day period of masking, quarantine for 5 more days from the onset of symptoms. Return to the clinic after completing quarantine, as long as symptoms have significantly improved.

If your child had close contact with someone in the community (e.g., school, playdate, birthday party, KidWorks staff) who is COVID-19 positive:

- Attend therapy with a mask on for 10 days from your last exposure. Testing is strongly recommended on day 5.
- If your child is unable to wear a mask, quarantine for 5 days from their last exposure. Testing is strongly recommended on day 5. Your child can return to the clinic after completing the 5-day quarantine, as long as they have been symptom-free.
- If your child develops symptoms during quarantine or during the 10-day period of masking, quarantine for 5 more days from the onset of symptoms. Return to the clinic after completing quarantine, as long as symptoms have significantly improved.

Thanks again for your cooperation. If you have any questions, please contact your therapist or the KidWorks office.